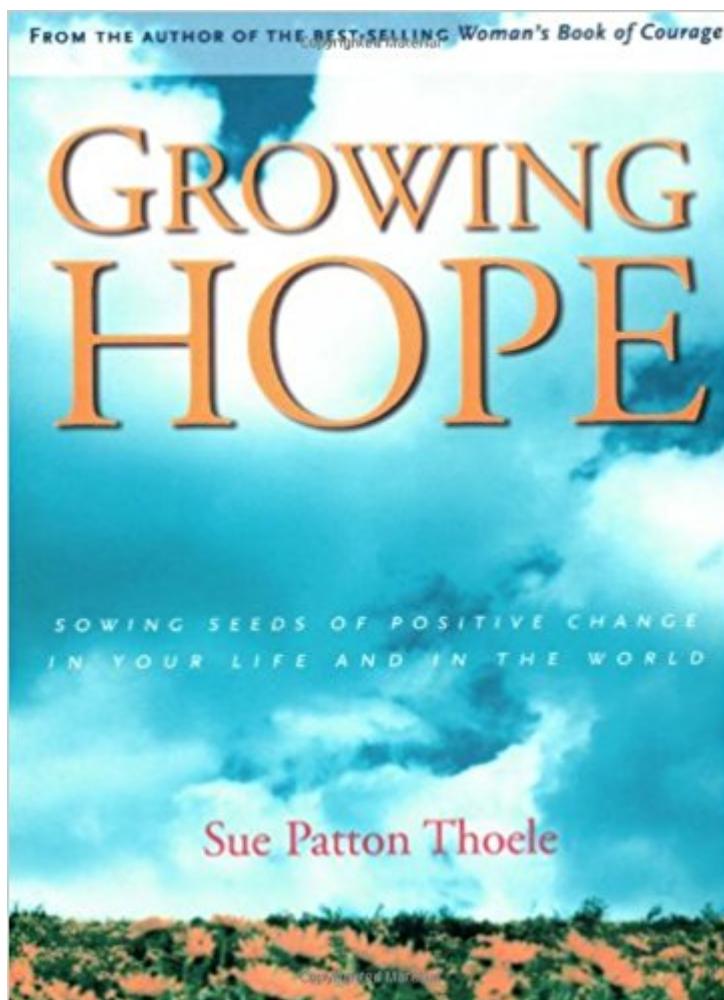


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# Growing Hope: Sowing The Seeds Of Positive Change In Your Life And The World



## **Synopsis**

Ideas and inspirations for planting, nurturing, and harvesting hope--in hard times.

## **Book Information**

Series: Thoele, Sue Patton

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## **Customer Reviews**

Ideas and inspirations for planting, nurturing, and harvesting hope--in hard times.

Sue Thoele is one of my very favorite authors and I think that this may be one of her very best. Sadly its virtually out of print, but thank goodness its still available as an E-book! This is such a beautifully written book, filled with comforting practice advice for anyone living in these stressful times. The book give great ideas to cope with stress and create a change in each of our lives, which will then have an impact on the world at large. Buy this book and read it... You will enjoy it - I guarantee it!

Very encouraging words which were a blessing to me. I found myself reading the words and wanting to memorize them for a latter time. Thank you Sue Patton Thoele.

the book was in great condition and it was very uplifting and educational. all though tough to follow through still helpful and will probably reread at later date. couldnt put it down.

I love finding books like this with inspiring words of wisdom. Thoele suggests thinking of ways to be a better friend to yourself. Note the ideas like giving yourself more compliments or getting a massage and then start making them happen with small steps everyday. Since most of us don't take the time to nurture ourselves, this book makes you think (and hopefully take action).

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